



Volunteer Team Physiotherapist/Sports Therapist

GBR Lifesaving Team - Lifesaving World Championships 2026, South Africa

Applications close: 23 August 2026

THE ROLE

The GBR Lifesaving Team will compete at the Lifesaving World Championships 2026 in Nelson Mandela Bay (Port Elizabeth), South Africa, representing Great Britain at the premier international event in lifesaving sport. The Championships bring together the world's best pool, beach and ocean athletes to compete across a broad range of disciplines.

To support the team's preparation and performance, we are seeking a committed and experienced Volunteer Team Physiotherapist/Sports Therapist to join the GBR delegation.

Working alongside team management and coaching staff, the Team Physio will play a vital role in supporting athlete health, wellbeing and performance before and during competition. The successful candidate will be a key member of the support team, helping athletes perform at their best throughout the Championships.

This is a hands-on role requiring flexibility, professionalism and the ability to operate effectively in a high-performance sporting environment.

The role is voluntary.

Competition Dates

- Travel to South Africa: 25 November 2026
 - Return to United Kingdom: 7 December 2026
 - Location: Nelson Mandela Bay (Port Elizabeth), South Africa
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KEY RESPONSIBILITIES

The Team Physio will:

- Lead the delivery of physiotherapy support services to GBR Lifesaving Team athletes during the Championships.
- Assess, treat and manage acute and chronic musculoskeletal injuries.
- Provide taping, strapping, manual therapy and rehabilitation guidance as appropriate.
- Support injury prevention and recovery strategies throughout the competition period.
- Advise athletes and coaches on athlete welfare, recovery and competition readiness.
- Maintain clear and confidential clinical records.
- Work collaboratively with Team Management, Coaches and other support personnel.
- Assist with athlete monitoring and medical screening where required.
- Support emergency response planning and medical risk management.
- Attend team meetings and contribute to athlete performance discussions.
- Promote a positive, professional and athlete-centred environment.
- Undertake any other reasonable duties as delegated by the Team Manager.

KEY SKILLS & QUALIFICATIONS

Applicants should demonstrate:

Essential

- Degree or Graduate Diploma in Physiotherapy or Sports Therapy or equivalent
- Current HCPC registration or equivalent.
- Current membership of the Chartered Society of Physiotherapy (or equivalent professional body).
- Minimum of one-year post-registration clinical experience.
- Experience working within sport, exercise or musculoskeletal physiotherapy.
- Excellent communication and interpersonal skills.
- Ability to work independently and under pressure.
- Strong organisational and record-keeping skills.
- Current First Aid qualification.



- Enhanced DBS certificate or willingness to obtain one.
- Current safeguarding certification or willingness to complete prior to travel.

Desirable

- Previous experience with lifesaving or endurance athletes.
- Experience supporting teams at national or international competitions.
- Knowledge of sport rehabilitation and return-to-performance protocols.
- Awareness of anti-doping regulations and athlete support requirements.
- Qualification in sports massage, sports therapy or additional musculoskeletal techniques.

PERSONAL ATTRIBUTES

The successful candidate will be:

- Professional and adaptable.
- Enthusiastic about supporting amateur and elite athletes.
- Able to build trust quickly with athletes and coaches.
- Calm and effective in challenging situations.
- A strong team player who contributes positively to team culture.
- Passionate about helping athletes achieve their potential on the international stage.

APPLYING

Applicants should submit:

- A current CV.
- A covering letter outlining relevant experience and motivation for applying.
- Details of professional registration and current qualifications.
- Contact details for two professional referees.

Applications should be sent to: **teamgbrlifesaving@gmail.com**





SUCCESSFUL APPLICANTS

The successful applicant will be expected to:

- Attend pre-event team meetings and briefing sessions.
- Be available for the full travel period from **25 November to 7 December 2026**.
- Adhere to all GBR Lifesaving Team policies, safeguarding requirements and codes of conduct.
- Represent GBR Lifesaving professionally at all times.

Expenses

The GBR Lifesaving Team will provide:

- Return international flights.
- Accommodation.
- Team uniform and accreditation.
- Reasonable meals and approved in-country travel expenses.

Join the GBR Lifesaving Team and play a key role in supporting Great Britain's athletes at the Lifesaving World Championships 2026 in South Africa. This is a unique opportunity to contribute to athlete performance on the world stage while gaining invaluable experience in an international high-performance sport environment.

